



SEPTEMBER 2017

253<sup>RD</sup>

*This edition is sponsored by the Rusland Valley Horticultural Society*

## AUTUMN LEAVES

### RUSLAND VALLEY HORTICULTURAL SOCIETY

#### 134<sup>th</sup> ANNUAL SHOW

Sadly, no report of the Show has been submitted.

### MANOR HOUSE RE-OPENS

Readers will be delighted to know that the Manor House in Oxen Park has re-opened after being closed for the best part of six months. Local residents bear witness to the extraordinary efforts that have been made by Leighann and Anthony, and their team, to transform the old Robinsons pub into a much more contemporary and very tastefully decorated Free House. Work has gone on through the night! Co-managers Emilli and Adam also take much of the credit and they are the ones who will welcome you to the new hostelry.

The grand opening was held on Rusland Show evening and the bar was full to overflowing. Prospective regulars tried out the Loweswater Gold and Scarborough Transmission ales, as well as a much-expanded wine list, and were treated to bubbly and delicious canapés. By the time you read this, the developing 'offer' will include a full bar menu with Adam bringing his wealth of experience from the Bluebird Café, Coniston. 'Curry night' will be re-instated on a Wednesday.

The Manor will be open seven nights a week with lunch-time opening also planned, including Sunday roasts. With the new expanded layout, a programme of events is in the offing and the hosts would be pleased to hear from anyone who wants to hold an event, especially if it is in aid of charity.

Leighann and Anthony would like to express their heartfelt thanks to everyone who has helped in any way and for the support of customers who have already tried the new Manor experience!

(The phone number remains 01229 861345.)

### "END OF SUMMER" FESTIVAL AT BOWKERSTEAD FARM

Friday 22<sup>nd</sup> and Saturday 23<sup>rd</sup> September

Live bands, hog-roast and barbecue  
(Bowkerstead home-produced meat.)

For tickets/information contact Dhanell on 860208.

### THE GREAT GET TOGETHER

#### SUNDAY 10TH SEPTEMBER

RUSLAND READING ROOM - 1.30PM TO 4.30PM

You are invited to a friendly, fun and free event!

We want to play our part in the 'Great Get Together' which is taking place this summer. This aims to move the ideas of the murdered MP Jo Cox forward. She believed passionately in building healthy, connected communities, bringing people together in as many ways as possible.

In our own villages and valleys we have an amazing choice of activities taking place almost every day, some of which you may not know about. We hope to showcase many of these activities and bring together friends, neighbours and other people you don't yet know.

Please come - there will be activities for children and adults and lots of information about local groups and events. Of course, tea and cakes too!

If you want to come and need transport please contact Rachel Lumsden on 01229 860605.

### KEEP FIT AND ACTIVE THIS AUTUMN

#### Monday evenings - Scottish Country Dancing

Scottish country dancing resumes on MONDAY 25th SEPTEMBER, 7.00 – 9.00 pm in Satterthwaite Parish Rooms. Good company, good fun, good exercise – just come along. £2.00 per person.

#### Thursday evenings - Yoga

Our very friendly and informal Thursday evening classes will be starting again in September, 7.00 – 8.30 pm with Kate Jordan, at the Yan, Grizedale. £5.00 per session. If you are interested, or want to know the start date, contact Helen Bright for more info – 860936 or [helenbright@hotmail.co.uk](mailto:helenbright@hotmail.co.uk).

#### Tuesday evenings, Renell's Circuit Training

6.15 – 7.15 at the Yan at Grizedale. A variety of exercises to promote core strength and improve cardiac performance, tailored to all abilities. £5.00 per session.

#### COLTON PARISH COUNCIL

Councillor Vacancies: I feel that all my news articles recently have started with the heading Councillor vacancy! This month is no exception as Colton finds itself yet again looking for a new Councillor. This is as we say goodbye to Cllr Walt Oates who has resigned after 12 months on the Council helping look after East Ward and its community. The council would like to take this opportunity to thank Walt for all his hard work and commitment to the Council. He has in particular taken on issues regarding Highways and Planning that have helped the Council progress forward in their decision making. If you have ever considered becoming a parish councillor then now is the time to do something. Please get in touch with the Clerk ([coltonpc@btinternet.com](mailto:coltonpc@btinternet.com)) who can explain more about this voluntary role.

Welcome to our new councillor Graham Jarvis: The councillors of Colton Parish council would like to take this opportunity to welcome Graham Jarvis to the role of Parish Councillor for East Ward. Graham has lived in Rusland since 2014. He is now retired and busy restoring a house and garden at Crossland. With a background in farming he will understand many of the issues affecting the parish.

Lengthsman: Archie is busy strimming various parts of the parish at the moment. He has also had a number of drains to clear after several summer downpours over the last few weeks. A troublesome culvert by The Ridings is now staying clear, however drains around the Knoll have frustratingly filled back up again.

Small grant fund for community organisations: Another reminder about a pot of money that is available to groups within the parish to fund projects they may be thinking of undertaking. We have only given a couple of forms out so far so get thinking; is there something you're involved with in the community that could benefit from a small amount of money? There is a simple form to fill in as part of the grant application (please e-mail the Clerk for one) The council will be looking to have applications in by the end of September and allocating funds in Mid-October.

Our next parish meeting is Monday 11<sup>th</sup> September 2017 in Finsthwaite Village Hall, 7pm.

Karen Birch (Clerk), T: 01229 860115, E:

[coltonpc@btinternet.com](mailto:coltonpc@btinternet.com) W:

[www.coltonparishcouncil.org.uk](http://www.coltonparishcouncil.org.uk)

#### OXEN PARK READING ROOM

The first of our winter series of Friday presentations will be on Friday 6<sup>th</sup> October. Bobbie Dobson will be telling us about his experiences with 'Dogs, Sleds and Inuits in the Arctic Winter'.

Pre-book your seats with Gill McKinnon or Carol McNeill. £4 payable on the door. Lookout for further fliers and posters. Another chance to visit The Manor!

#### OXEN PARK CINEMA CLUB

If you are planning to come to *Hell or High Water* on Tuesday 5<sup>th</sup> you are in for a treat – OPCC is hosting a drink at the 'new' Manor House for everyone coming to our first film of the season.

Come and check in at the Carhouse and we will give you a 'drink ticket' to hand over at the bar. With such a great selection of films please try and book ahead if you want to come as we don't want to turn anyone away.

Saturday 16<sup>th</sup> September will be our first Supper Special at the refurbished Manor House. If you haven't been in yet this is a chance to see what an amazing place they have made it. – and sample their food.

The film is *The Eagle Huntress* – a true story of an amazing young Mongolian girl who learns to fly eagles in stunning landscapes. Food first at 7.3pm. Booking ahead essential.

3<sup>rd</sup> October – *Irreplaceable*, a French film about a country doctor.

#### RUSLAND and DISTRICT WI

Rusland and District W.I. do not usually meet in August, but this year we were invited to lunch at the Windermere Motor Boat Club by Marion Martindale, one of our members. We were a party of 21 which included some husbands and friends, and were fortunate to have a lovely sunny day. After lunch we lingered over coffee on the terrace, taking in the wonderful views. Our next meeting will be on Tuesday, 19<sup>th</sup> September at the Rusland Read Room at 7.30 p.m. when we are looking forward to hearing Mr. Robert Wheatley talking about Famous Families of Furness and the competition will be for a family photograph. All welcome.

#### CITIZENS ADVICE TRAVEL TIPS

Q: I'm planning a long holiday and have been struggling to find travel insurance for a reasonable price. I've found a good deal from a Facebook advert but my friend thinks it might be a scam. How can I be sure if it's legitimate?

A: Your friend is right - you should do some research on the company first.

Insurance sellers must be registered with the Financial Conduct Authority (FCA) - check on the FCA website. If they aren't listed, don't use them. If they are, it's still worth doing further checks. Compare the price to similar offers from competitors. Big discounts are often a telltale sign of a scam, but the policy could be cheap because it doesn't provide adequate cover. Ask for a copy of the full policy so you can check what you will get. If the seller won't provide one upfront, don't use them. Once you know the seller is legitimate use a secure payment method, not a bank transfer.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 015394 46464 for an appointment and help.

## CHURCH NEWS

Dear Friends,

### MOVING MOUNTAINS

Dave Tomlinson (currently a north London vicar, and previously the founder of Holy Joes, a church in a pub) has written an intriguing book 'How to be a bad Christian ... And a better human being'.

He writes "Life consists of two journeys: the outward journey of the body through time and space, and an inner journey of the soul. The outward journey creates the shell of our existence: where we live, what sort of work we do, whether or not we have a partner, what sort of things we spend our time on, all of which are very important aspects of our life. But the inner journey focuses on creating depth to our existence: discovering who we really are, establishing a sense of meaning and purpose to life, finding our moral and spiritual compass, deciding what it is that drives us."

He adds "I have respect for all faith traditions but for me it is Jesus who shows us God most decisively. At the centre of Jesus' message is a vision of what the world would be like if God were in charge instead of the authorities and politicians. It's a vision of justice, love and reconciliation, a culture of hope and freedom that I continually sign up for and try to represent." Thoughtful words.

From the 8<sup>th</sup> to 11<sup>th</sup> March next year Cumbria is hosting a Christian mission, called Moving Mountains, which seeks to speak to our 'inner journeys' in ways that are refreshing and challenging. A number of the mission team will be staying locally and will take part in a range of activities (including, hopefully, a Q&A session with the Archbishop of York) which will be open to everyone – whatever their background or faith position. Do come along. More details will follow, meanwhile please contact me with any comments or suggestions. Rev Nick Hallam.

### CHURCH SERVICES FOR SEPTEMBER

|      | Sunday           |       | Colton          |       | Rusland               |      | Satterthwaite   |
|------|------------------|-------|-----------------|-------|-----------------------|------|-----------------|
| Sept | 3 <sup>rd</sup>  | 9.30  | Holy Communion  | 6pm   | Celtic Evening Prayer | 9.45 | Holy Communion  |
|      | 10 <sup>th</sup> | 10.30 | Holy Communion  | 11.15 | Holy Communion        | 6pm  | Evensong        |
|      | 17 <sup>th</sup> | 9.30  | Morning Worship | 6pm   | Evensong              | 9.45 | Morning Worship |
|      | 24 <sup>th</sup> | 9.30  | Holy Communion  | 11.15 | Harvest Festival      |      |                 |

|      | Sunday           |      | Hawkshead                              |     | Sawrey   |       |                 |
|------|------------------|------|--|-----|--|-------|-----------------|
| Sept | 3 <sup>rd</sup>  | 9.30 | Morning Worship                        | 6pm | Churches Together Holy Communion<br>Hawkshead Methodist Chapel | 11.15 | Holy Communion  |
|      | 10 <sup>th</sup> | 9.30 | Holy Communion                         | 6pm | Celtic Evening Prayer  | 11.15 | Matins          |
|      | 17 <sup>th</sup> | 9.30 | Holy Communion                         | 6pm | Celtic Evening Prayer  | 11.15 | Holy Communion  |
|      | 24 <sup>th</sup> | 9.30 | Harvest Festival<br>with Sunday School | 6pm | Taize Style Service  | 11.15 | Morning Worship |

### SEPTEMBER BENEFICE WALK

Please join us on Monday, 25th September, starting at Rusland Church at 10.30 a.m. The route will take us through Force Mills to Satterthwaite, and then into Grizedale to Force Forge and back to St. Paul's Church. The distance is five to six miles. Please bring a packed lunch. Further details from the Maxwells - Tel. 015394 36972.

**RUSLAND AND SATTERTHWAITE CHURCHES - HARVEST SUPPER**  
**SATTERTHWAITE PARISH ROOM – SATURDAY 30<sup>th</sup> SEPTEMBER AT 7.30PM**  
**HOTPOT SUPPER, CHOICE OF PUDDINGS AND TEA OR COFFEE**  
**WINE AND SOFT DRINKS AVAILABLE TO PURCHASE.**  
**RAFFLE AND TABLE QUIZ**  
**TICKETS £7.50 FROM MEMBERS OF THE P.C.C.S**

### ANNUAL COFFEE MORNING AT THE CORO

Approximately £431 was made to be shared between the two churches.

Thank you to all our hardworking friends who organised, set up and ran the morning and to those who donated cakes, tombola and raffle prizes, books and bric a brac.

### OPEN FORUM

Open Forum is a series of evening discussion meetings on a range of topical issues and open to everyone. The next meeting will be at 7.30 pm on Thursday 21<sup>st</sup> September 2017 at St Mary's Church, Ambleside. The topic will be, "The Future of the NHS"

Bishop James Newcome (Bishop of Carlisle), Tim Farron MP and Dr David Walker (Medical Director, University Hospitals of Morecambe Bay NHS Foundation Trust)

There is no need to book and no charge to attend. Please bring guests. Tea and coffee will be available. Please contact Rev Nick Hallam for further details (015394 36069, [Nick.Hallam@uwclub.net](mailto:Nick.Hallam@uwclub.net)).

**DIARY DATES**

|      |         |                                    |   |
|------|---------|------------------------------------|---|
| Sept | Tues    | 5 <sup>th</sup>                    | Oxen Park Cinema Club – <i>Hell and High Water</i> – The Cart House, Oxen Park – 7.30pm                 |
|      | Sun     | 10 <sup>th</sup>                   | The Great Get Together – Satterthwaite Parish Room – 1.30pm to 4.30pm                                   |
|      | Mon     | 11 <sup>th</sup>                   | Colton Parish Council Meeting – Finsthwaite Village Hall – 7pm<br>Satterthwaite Parish Council – 7.30pm |
|      | Sat     | 16 <sup>th</sup>                   | Oxen Park Cinema Club – <i>The Eagle Huntress</i> – Supper at 7.30pm at the Manor                       |
|      | Tues    | 19 <sup>th</sup>                   | Rusland and District WI – Rusland Reading Room – 7.30pm   |
|      | Fri/Sat | 22 <sup>nd</sup> /23 <sup>rd</sup> | End of Summer Festival – Bowkerstead Farm   |
|      | Mon     | 25 <sup>th</sup>                   | Benefice Walk – Meet at Rusland Church, 10.30am   |

**JULY WEATHER**

Brathay 6.4" Oxen Park 4.7" Ulverston 4.1" Dale Park 5.52"

**JENNIFER PIKE "SIMPLY SPECTACULAR YOUNG VIOLINIST"**  
IN CONCERT AT HAWKSHEAD PARISH CHURCH ON 8<sup>TH</sup> SEPTEMBER AT 7.30PM

In Aid of The Bell Tower Fund

TICKETS £15-INCLUDES WINE AND CANAPES

TO BOOK email [dbtowerproject@gmail.com](mailto:dbtowerproject@gmail.com) or telephone 01539436417

**PERSONAL**

- Sincere condolences to Dr Tony Slater (Marigold Barn, Satterthwaite) on the tragic and untimely death of his partner Tracy.
- Congratulations to Renell on winning a silver medal at the European Off-Road Triathlon Championships held this summer in Romania.

Copy date for October edition, 26<sup>th</sup> September. Send to: - Liz Cringle Tel: 01229 860274, [liggerc@hotmail.com](mailto:liggerc@hotmail.com) ; Colin Barr – Oxen Park Tel: 01229 861408, [cj.barr@btinternet.com](mailto:cj.barr@btinternet.com); Gordon Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend – Pepper House Tel: 01229 860206, [pandftownsend@gmail.com](mailto:pandftownsend@gmail.com); Sylvia Chadwick – Monks Cottage Tel: 015395 31685.

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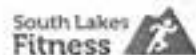
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