#### JANUARY/FEBRUARY 2017

246th EDITION

This Edition is sponsored by an anonymous well wisher.

## IN THE BLEAK MIDWINTER

#### **RUSLAND HORIZONS**

Have you caught a glimpse of the Rusland Horizons apprentices out and about? Easily identifiable in their bright green t-shirts, they have been getting stuck in to many of the Scheme's restoration and conservation projects and making a real positive difference on your doorstep. Amongst the various projects completed to date are a 250m stretch of boardwalk across part of Rusland Moss and restoring an area of neglected coppice at Sales Bank Wood, near Colton. We will be recruiting more apprentices in Spring 2017. Details will be available on our website in February 2017 but in the meantime if would like more information, please contact Claire Green <a href="mailto:claire.green@lake-district.gov.uk">claire.green@lake-district.gov.uk</a>.

There's also plenty of activity gathering local history with both the mapped history team busy collecting old field names and a new enthusiastic group of volunteers preparing to conduct oral history interviews with a select group of locals. The volunteers are achieving results well beyond the resources of any individual or small specialist team and seem to be having a lot of fun at the same time! We can't wait to see the fruits of their hard work!

Are you able to help coordinate our heritage skills training course programme?

We are looking for a volunteer to assist with coordinating training courses, up to one day per week. The role is based at the Rusland Horizons office in Haverthwaite and on site at the courses. If you are interested please contact Claire Green, Rusland Horizons Skills and Training Coordinator at claire.green@lake-district.org.uk.

MARTIN ROSCOE CONCERT Saturday 15<sup>th</sup> July at Brathay Church Further information re tickets to follow shortly. POTATO DAY
Sunday 22nd January
at
GREENODD VILLAGE HALL
10 am - 3 pm
Sale of

potatoes, fruit bushes & trees, seeds, onions, flower bulbs & tubers, (supplied by Brighter Blooms Nursery, Preston) see website for lists of produce available http://www.ruslandshow.org.uk/

> and HOMEMADE SOUP AND CAKES Admission £1 (children free)

#### KEEP MOVING - KEEP ACTIVE - KEEP SOCIAL HAVE FUN IN 2017!

Mondays in Satterthwaite Parish Rooms, 7.00pm from 23 January, Scottish Country Dancing. £2.00. Tuesday evenings, - Renell's Fitness Class. One hour. £5.00. Contact Renell (860433) for further information, and to check venue and timing. No class on Tuesday 24 January.

Thursday evenings, currently at the Yan, Grizedale, Yoga Class from 7.00 – 8.30pm. £5.00.

#### OXEN PARK READING ROOMS

Only two more 'Traveller's Tales' to go. On 3<sup>rd</sup> February, we have Tamsin & David Kidwell telling us about their 8 years at sea – almost sold out. Tickets from Carol or Gill in Oxen Park.

We are trying a number of 'taster' sessions to find out what people would like once refurbishment is complete. The first will be on Tuesday 17<sup>th</sup> January 4.45pm to 5.45pm a Fab Fun Fitness Session at the Reading Room - it will include general aerobic/cardio work and strength exercises for our core, back and everyday life. Just turn up. Cost £5. Remember - no loo yet! Local personal trainer Ren (see back page) is helping the community keep fit active and healthy with fitness classes in the local community.

If you have an idea for another taster then let us know.

#### FROM THE WILKINSON FAMILY

Gordon, Anne, Jean and family would like to thank everybody for their heartfelt condolences, love and support and for helping to give Elsie a truly beautiful funeral. We would like to share this piece of writing by our good friend and neighbour, Carole Kidd, whose words, we feel, capture the day perfectly.

AUTUMN COLOURS AND WINTER KISSES.
This morning in the midst of very cold sleety showers, a beautiful fog mist lay low over the fields for an hour cloaking the sheep below in a blanket that was none too cosy I can assure you.
Winter has tried to take possession on the snow topped fells above me and a winter sky promises a day of fickle weather. A chestnut dropped its cluster on the road in front of me, another reminder winters fingers are shaking the trees.

I watch a swath of hail sweeping across the top of the treetops at the north end of the valley, behind me the sun has found a way through and a patch of blue starts expanding until the whole valleys treetops are burnished gold in the sunlight against the high dark clouds above the fell.

Even now I cannot help but stop and look in awe of the beauty that never fails to hold me hostage for a few minutes a day.

I spent a morning in reflection, along with many, many others.

I watched the four farming men, the last actively farming within the valley I realised with a slight jolt, carry a fellow farmers wife to her rest. The arms of this valley opened wide today and

The arms of this valley opened wide today and embraced us all in its tranquil beautiful heart.

OXEN PARK CINEMA CLUB
There are three more great films coming up.
21st Jan: the amazing The Danish Girl, with superb
performances by Eddie Redmayne and Alicia
Vikander, introduced by Tess Baxter;
28th Jan: I Daniel Blake – the new Ken Loach film &
7th Feb: Carol, starring Kate Blanchett. Please book to
avoid disappointment. Our Spring series of 6 weekly
children's films starts on Thurs 26th Jan, all at The
Outback Hall, 3.45-5.30pm, £2. On 26th it is 2 for the
price of 1: Room On The Broom & The Gruffalo's

Child - great for 5-7 yr olds. Parents and grandparents

welcome.

Citizens Advice is reminding people to go back to retailers if they are sold faulty electrical goods. If an item breaks and it's not your fault, you have a right to a free repair, replacement or refund depending on when and where you bought it. Many people are initially turned away by retailers, who may not be aware of the rights and responsibilities around faulty electrical goods. But persistence pays off. Knowing your rights means that you can approach the retailer for a repair, refund or replacement confident in the knowledge that they should help you find a solution. Get information from Citizens Advice's online faulty goods tool citizensadvice.org.uk/consumer or contact the Citizens Advice consumer service 03454 04 05 06.

## REN'S SNOWY MOUNTAINS TRI CROSS WORLD CHAMPIONSHIPS 2016

Ren would like to share her experience with the community, to show her gratitude.

An informal talk with photographs
Satterthwaite Parish Room, Fri 27th January 7 pm

#### **COLTON PARISH COUNCIL NEWS**

At a relatively quiet time of year for the Council, we are struggling to come to terms with the loss of a familiar face at the table. Our clerk, Mandy Lane, has stepped down after more than nine years' loyal service. During that time, she has seen the Council achieve Quality Parish Council status (which involved her doing a lot of voluntary work to become a suitably qualified clerk) and then Foundation Status under the Local Council Awards Scheme. She has run a very efficient administration and has battled hard with the various powers that be, on behalf of the Council and local residents; she will be sadly missed. Councillors recently said their farewells at a social gathering in Oxen Park.

Every cloud has a silver lining and we are pleased to announce our new clerk, Karen Birch who has already demonstrated her undoubted capabilities and experience, running two council meetings most effectively. As part of her duties, she will be contributing to future editions of the newsletter. She can be reached on coltonpc@btinternet.com or 01229 860115. Next meeting, Feb 13<sup>th</sup> at Rusland. Colin Barr (Chairman Colton Parish Council)

#### RUSLAND AND DISTRICT WI

In December Rusland & District W.I. held their Annual Carol Evening in Satterthwaite Church. The church was beautifully decorated and lit with candles for the evening. The choir, trained and accompanied by Elizabeth and Joan Pollock, gave splendid renderings of five carols, there were eight for the congregation to sing and three seasonal readings. Fran Townsend and Sheila Southworth sang "Flowers will Bloom" accompanied by Sachie Hawkes on her clarinet, and Harry Elkington Crabtree sang The Coventry Carol. The Rusland Handbell Ringers also entertained. Wine, mince pies and shortbread were served in the interval and the retiring collect raised £578.90 for South Lakeland Carers' Association. The next meeting will be on Tuesday, 17th January at 7.30 p.m. at Satterthwaite Parish Room when we are looking forward to hearing Mrs. Charlotte Sharphouse talking about Old Hall Farm at Bouth. All welcome.

## WEATHER RAINFALLS for DECEMBER 2016

Brathay Oxen Park Ulverston Dale Park Historical 6.2" 4.4" 3.1" 5.5" 8"

RAINFALLS up to Jan 10th 1" 2"

Forestry (to 2003), Env. Agency, Hilary Collins Dale Park, via Chris Stacey

#### CHURCH NEWS

#### Dear Friends.

So.... festivities well over; families, either at odds with each other or happy, have departed; leftover turkey frozen and souped; Christmas cake crumbs and icing are all that's left in the cake tin; what was all that about! In what for many is the most gloomy and difficult part of the year what can we take with us from those mid-winter days?

Perhaps it's the capacity for hope to be born in us again?

An expression of hope was shared in January as local churches shared in various ways during the week of prayer for Christian unity, ending with a joint service at Hawkshead parish church. The hope which was expressed by Jesus that "we will be one as.... he and God are one" is surely not one of icing over the cracks, enforced uniformity or pursuing a bland lowest common denominator. It is oneness in understanding and in supporting the creative difference between various families of believers. Just as our own families are diverse and sometimes difficult, so it is with the family of the Church - but would we have it any other way? Engaging openly with diversity and difficulty gives the opportunity to reveal who we really are, and what matters to us, and it evidences a commitment to seek ways to develop through these experiences.

As we go into the future, all the local churches are looking to find ways to work together and live more closely in the hope I have described. This, I believe, is not scraping up the left over crumbs, scratching at the stuck icing or pulling out frozen leftovers, rather a chance to look again at our various recipes, pool the ingredients and start cooking!

Rev Andrew Dodd - Hawkshead Hill Baptist Chapel

#### CHURCH SERVICES FOR JANUARY AND FEBRUARY

Sunday		Colton	Rusland			Satterthwaite	
Jan	22 <sup>nd</sup>		11.15	Holy Communion			
	29 <sup>th</sup>		10.00	Joint Benefice service	at Hawkshe	ad	
Feb	5 <sup>th</sup>		5pm	Evensong	9.45	Holy Communion	
	12 <sup>th</sup>		11.15	Holy Communion	6pm	Evensong	
	19 <sup>th</sup>		5pm	Evensong	9.45	Morning Worship	
	26 <sup>th</sup>				11.15		
Cuna	lavi		Taraba San	and the second			

Sur	iday		Hawk	shead			Sawrey
Jan	22 <sup>nd</sup> 29 <sup>th</sup>	9.30 10.00				11.15	Morning Worship
Feb	5 <sup>th</sup>		M W with Sunday School	6pm	Churches together Communion Hawkshead Methodist Church	11.15	Holy Communion
	12 <sup>th</sup>	9.30	H.C.with Sunday School			11.15	Matins
	19 <sup>th</sup>	9.30	H. C. with Sunday School			11.15	Holy Communion
	26 <sup>th</sup>	9.30	H. C. with Sunday School			11.15	Morning Worship

#### CHRISTMAS EVE IN SATTERTHWAITE

A great crowd of locals and visitors congregated in the Church to sing carols round the tree on Christmas Eve, beautifully accompanied on the organ by Maestro Harry Elkington-Crabtree and very ably compered by D. Ham Esquire. The resultant collection raised £160 for the C of E Childrens' Society; thanks to all.

#### COME FOR A WALK

The next walk is on Wednesday 15th Feb at 10.30am and is Elterwater and the Waterfalls". The walk is approximately 4 ½ miles and should be relatively easy going, unless there has been heavy rain beforehand, when it is likely to be muddy. Meet in the car park by the bridge in Elterwater Village at 10.30am. Any queries, contact Roger Bonham on 01539436390.

BENEFICE SHROVE TUESDAY SUPPER Tuesday 28th February at the Braithwaite Hall, Sawrey Make a date in your diaries!

Rusland and Satterthwaite Churches
A WINE TASTING WITH IAN LUMSDEN
SATTERTHWAITE PARISH ROOM – FRIDAY 17<sup>TH</sup> MARCH – 7.30PM
Light Buffet to follow

Wine Quiz and Raffle

Tickets available from Rachel Lumsden, 860 605, Susan King, 861 173 and Jean Crabtree, 860 021

te -	36.0	F DESCRIPTION	DIARY DATES
Jan	Mon	16 <sup>th</sup>	Satterthwaite Parish Council - Forestry Commission Offices, Grizedale - 7.30pm
	Tues	17 <sup>th</sup>	Rusland and District WI - Satterthwalte Parish Room - 7.30pm
			Fab Fun Fitness - Taster session - Oxen Park Reading Room - 4.45 to 5.45pm
	Sat	21**	Oxen Park Cinema Club - The Danish Girl - The Cart House - 7.30pm
	Sun	22 <sup>nd</sup>	Potato Day - Greenodd Village Hall - 10.00am to 3pm
			RSPB Bird IDTrails and Activities - Grizedale Forest Centre - 11am to 2pm - Free.
	Thurs	26 <sup>th</sup>	Oxen Park Cinema Club - Room on the Broom and the Gruffalo's Child - Outback Hall - 3.45 pm
	Fri	27 <sup>th</sup>	Ren's Talk on the Snowy Mountains Tri Cross World Championships - 7pm
	Sat	28 <sup>th</sup>	Oxen Park Cinema Club - I Daniel Blake - The Cart House - 7.30pm
			Rusland Horizons Community Forum and Christmas Party - Outback Hall - 7pm to 11pm
	Tues	31**	Oral History Project Training session - Finsthwaite Village Hall - 7pm to 9pm
Feb	Fri	3"	Travellers' Tales - The Cart House - 7.30pm
	Tues	7 <sup>th</sup>	Oxen Park Cinema Club - Carol - the Cart House - 7.30pm
	Thurs	9m	Cunsey Forge Archaeological Dig - Celebration and Findings - Outback Hall - 7pm to 10pm
	Mon	13 <sup>th</sup>	Colton Parish Council Meeting- Rusland Reading Room - 7.30pm
	Tues	14"	Aspects of Rural Life in South Lakeland - Dr Jean Turnbull - The Cart House - 7.30pm to 9pm
	Tues	21 <sup>st</sup>	Rusland and District WI - Rusland Reading Room - 7.30pm

#### CONGRATULATIONS

- to Simon and Emma Cole, owners of the Eagle's Head, on the birth of their daughter, Grace Susan on 29th December.
- to Joan Pollock, on attaining her Grade Six Organ exam, with Merit!

Copy date for March edition, 22<sup>rd</sup> February, Send to: - Liz Cringle Tel: 01229 860274, liggerc@hotmail.com; Colin Barr – Oxen Park Tel: 01229 861408, cj.barr@btinternet.com; Gordon Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend – PepperHouse Tel: 01229 860206, pandflownsend@gmail.com; Sylvia Chadwick – Monks Cottage Tel: 015395 31685.

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