



RUSLAND & SATTERTHWAITE NEWSLETTER

JUNE 2025

321st EDITION

This issue is sponsored by the Rusland Valley Community Trust

BLOOMING JUNE

OUR SUCCESSFUL LADY ATHLETES

Big [congratulations](#) to Carol McNeill on her triumph in the recent British Orienteering Championships held at Grizedale/Graythwaite on 10th May; she came first in her age group. Also, to Jacqui Briggs of Satterthwaite, who was sixth in her age group.

Our star triathlete Renell Brennan, coming back from a long lay-off through injury, competed in her first Xterra off-road triathlon of the year on 26th April in Vouliagmeni, Greece. She came first in her age group and was seventh female overall in all age groups. She has thus qualified for the Xterra World Championships in the Dolomites this September. She then competed in the Xterra UK triathlon at Weston Park, Shropshire on the early May Bank Holiday, and was second in her age group. Well done, Renell!

BOBBIN MILL TALK AND SUPPER EVENING

The recent talk on the history of the Force Forge Bobbin Mills given by Suzanne Tiplady and Kevin Baverstock at the Satterthwaite Parish Rooms proved a great success, with a near capacity audience of 45 enjoying the fascinating history and visuals. Everyone chatted animatedly over the subsequent food and drink, and then were treated to Paul Wellstead's photo-presentation of the work that has taken place thus far on the restoration and regeneration of the lovely Low Force Bobbin Mill. Thanks to all who were involved and helped with this great community event.

ULVERSTON BOOGIE NIGHTS.

Friday 20th June at The Red Rose, Ulverston. A not-for-profit event for St Mary's Hospice. Tickets now on sale: <https://www.trybooking.com/uk/81725>

RUSLAND READING ROOM AGM

12th June 2025 – 7.30pm

EVENTS IN THE FOREST

- 5TH June - Orienteering around High Cross evening event
- 6, 7 & 8th June - Sisters in the Wild – based at and camping at Grizedale Campsite various bike routes and events over 3 days
- 7th June - Bike Treks – Demo Day organised by Biketreks
- 8th June - Lakeland Trails Coniston Marathon – west side of forest over to Nibthwaite
- 28th June – Glorious Gravel. Gravel bike routes east and west of forest on forest road and bridleway with a section down Nursery Lane into village

For more information please contact
Rachael Morgan, Recreation Ranger
Grizedale, Forestry England
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rachael.morgan@forestryengland.uk
www.forestryengland.uk

MUSIC FOR A SUMMER EVENING

A Programme of free Concerts to be held in the Parish Church Hawkshead, Summer 2025
Programme:

Tuesday 3rd June 7:30 pm: Burneside Brass Band
A varied programme to suit all tastes

10th June 7:30 pm: Chamber Music Network
Cumbria Cumbrian musicians come together to present a delightful programme of Chamber Music

Tuesday 17th June 7:30 pm: South Lakes Acappella This choir will sing a programme of unaccompanied music

Tuesday 24th June 7:30 pm: Encore Opera The group of 9 musicians will perform operatic music sung and acted with skill and enthusiasm

Tuesday 1st July 7:30 pm: Paul Gregson, Organ Extravaganza. Resident organist Paul entertains us once again with a lively evening of light hearted music

RUSLAND WITH BOUTH W I

The WI met in May at the Oxen Park Reading Room when we had a most interesting talk on Aromatherapy which included a recipe for making a solution to apply to dogs or oneself to avoid ticks. The walking group are meeting at the end of the month for a walk up Moor Lane in Satterthwaite into Grizedale Forest. In early June we are welcoming other WIs to the Rusland Reading Room when Joan Bentley will be giving a demonstration of summer flower arranging, followed by afternoon tea. The next meeting will be at Finsthwaite on Tuesday, 17th June at 7.30 p.m. When we have a talk entitled "Blood Bikes." All welcome.

SATTERTHWAITE PARISH COUNCIL

We are holding a work party on 14th June to tidy up the Graveyard in Satterthwaite and carry out a Parish litter pick. If anyone would like to help, meet at the Parish Rooms at 10am. Please bring gloves and some gardening tools if you have any.

We had a representative from Fibrus with us at our last meeting, Libby Bateman. Fibrus are rolling out fibre broadband to 123 properties within the Parish. They will use the existing infrastructure, but add some more poles in High Dale Park to be able to get access. They will try and keep the disruption to a minimum but due to the layout of the properties it is difficult to get access. Libby said that they will try and do the work in smaller sections to limit the length of closures.

www.fibrus.com for more information.

20mph speed limit proposal for Satterthwaite, is ongoing, we are currently first on the list in South Cumbria, but it is a long process and could take up to a year.

Gary has been to a meeting with LDNPA and Forestry England to discuss the problem of motorbikes using Moor Lane. Forestry England has put some new signs up to restrict access and there are discussions about putting up a fence on either side of the Public Right of Way to stop motorbikes accessing this route.

I will retire as Clerk to on 29th June. Caroline Brock will be taking over from me, and we welcome her to her new role.

Our next meeting will be the AGM held on 30th June 2025 at 7pm in Satterthwaite Parish Rooms, followed by our normal Parish Council Meeting at 7.15pm.

CHRISTMAS AND NEW YEAR AVAILABILITY AT ROOKHOW

We have availability in the Bunkbarn over Christmas and New Year so if anyone is planning a big family or friends get together, please get in touch. Sole use (includes woodland). Minimum 2 nights. £390 per night for the Bunkbarn. 7 nights for the price of 6. Up to 16 people.

Website: rookhow.org.uk

RHVS SUMMER GARDEN COMPETITION 2025

Is your garden thriving with all the recent sunshine we have been having?

We would love to have more participants in the Summer Garden Competition so please consider showing off your fabulous blooms!

If you are interested in entering this year's competition, please contact Sally Fisher by email sally.fisher072@gmail.com or phone her on 007908429342 to register by 30th June.

COLTON PARISH COUNCIL NEWS

Colton Parish Foodbank Appeal - A huge thank you to everyone who donated food and other essentials. People from the Colton area contributed 85.7kg of goods – the equivalent of 204 meals. Fantastic! Our next Foodbank Appeal will be in November.

Parish Open Meeting - We were delighted to welcome Gavin Capstick, Chief Executive of the Lake District National Park Authority, to the Annual Parish Meeting. Thank you to everyone who submitted a question, came along on the day and supported us. A full report will be available on our website soon. We have also published our Annual Chair's Report (available on our website).

We would really like to encourage you to come to one of our meetings, whether it is to raise an issue, just find out more, or to meet the team. We are always delighted to hear from people who might be interested in becoming a Parish Councillor and we are very happy to answer any questions about what is involved.

Our next meetings are: -

7pm Monday 23rd June 2025 at Colton Parish Rooms

7pm Monday 21st July 2025 at Rusland Reading Room

Partnership working - We have been working alongside other local Parishes in the Coniston & Hawkshead ward, Councillor Suzanne Pender and Westmorland & Furness Council to raise local people's concerns about the impact on residents and businesses of the number and frequency of road closures around the patch. We know that infrastructure improvements will benefit us all, but we would like to see better communication and co-ordination of these closures to help ease the difficulties they continue to cause. To find out more see <https://coltonparishcouncil.org.uk/> or email clerk@coltonparishcouncil.org.uk

DALE PARK WEATHER

The total rainfall in April was 1.91" with 21 dry days (2024 8.47", 12 dry). In May there have been only two days to the 23rd with measurable rain, the 19th and the 23rd totalling .88" and 21 dry days (2024 5.75", 15 dry.) The yearly total so far is 15.54" and 92 dry days and compared with 2024 we have had 26" less rain.

CHURCH NEWS

Dear Friends,

One of Robert Burns well-known works, "To a Mouse", begins with a moment of startling simplicity: a farmer overturns a mouse's nest with his plough. But in that small, tender moment, Burns reveals something far greater—a truth about how we are called to live. The poem begins with sorrow for what has been lost:

"truly sorry man's dominion Has broken nature's social union."

Burns captures the imbalance humanity has introduced into creation. The plough—an instrument of survival—has become, unwittingly, an instrument of harm. This imagery invites us to reflect on our role within creation. We were entrusted not with domination, but with care—a responsibility to live in harmony with the earth, not at its expense. As we look at the vulnerability of creation—whether in the mouse's ruined nest or the fragility of ecosystems today—we are called to a deeper sense of humility, care, and accountability. But Burns does not stop there. He speaks of plans gone wrong:

"best-laid schemes o an' Gang aft agley."

How often do we find ourselves in this same predicament? We plan, we strive, and yet life remains unpredictable. It can be disheartening when even our best intentions falter, but here, too, is a spiritual truth. Our lives are not measured by the success of our plans but by the grace with which we navigate the unexpected. Finally, Burns contrasts the mouse, living fully in the present, with the human condition—tethered to regrets of the past and anxieties about the future:

"thou art blest, compar' wi the present only toucheth thee."

What a profound reflection on the spiritual life! Jesus says: "not worry about tomorrow." Yet how often do we carry the weight of yesterday's failures or tomorrow's uncertainties? The mouse reminds us to seek simplicity, to lean into the moment. In *To a Mouse*, Robert Burns gently but powerfully invites us to consider what it means to live on our fragile world: as caretakers of creation, companions to one another, and humble participants in the great mystery of life. His words challenge us to see beyond the surface—to discover God in the broken nests and uncertain plans, in the beauty of the world and the vulnerability of all living things. And perhaps most importantly, Burns reminds us that God's love is woven into every corner of creation, even the smallest and most overlooked. In recognizing this, we are called to respond—with humility, with compassion, and with a trust that God is always present, even in life's most unexpected turns.

John

CHURCH SERVICES FOR JUNE 2025

Sunday	Colton	Rusland	Satterthwaite
June 1 st	No Service	6pm Celtic Evening Prayer	
8 th	Holy Communion	11.15 Holy Communion	
15 th	No Service	6pm Evensong	
22 nd	Holy Communion		11.15 Holy Communion
29 th	No Service		
Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
June 1 st	9.30 Morning Worship	10.30 Morning Service	11.15 Holy Communion CW
8 th	9.30 Holy Communion	10.30 Morning Service	11.15 Matins
	4pm Lego Church		
15 th	9.30 Holy Communion	10.30 Morning Service	11.15 Holy Communion BCP
22 nd	9.30 Holy Communion	10.30 Morning Service	11.15 Morning Worship
29 th			10.30 Benefice H.C.
Thursdays at 10am Hawkshead Methodist Church "Time At 10"			

ROOKHOW NEWS

More funding for community groups - Rookhow has just awarded £11,500 to 18 community groups for a subsidised stay at Rookhow. The groups include support for women dealing with domestic abuse, drug and alcohol recovery, anti-racism work, activities for young people with complex needs and families on low incomes. We are immensely grateful for the individuals and Quaker Meetings who have donated to this fund. Rookhow also contributes at least 5% of its bookings income.

'Summer Notes' at Rookhow - Tuesday 1st July 7.30pm (refreshments) for 8pm (music) - Jack McNeill (clarinet), Ursula Leveux (bassoon) and Eleanor McIntosh (soprano). This performance sees some of Cumbria's finest chamber musicians come together to start a new tradition - a musical almanac. You can expect to hear beautiful miniatures, specially commissioned works from leading composers, reworkings by the ensemble of traditional folk music and familiar classics - all with a particular focus on the time of year. Expect to hear a new arrangement of Vaughan Williams' *Silent Noon* alongside music by Ella Jarman-Pinto, Kerry Andrew, Liz Johnson, Kirsty Devaney, Sadie Harrison, Benjamin Britten's folk songs and a world premiere from David Matthews among others...

Conjuring a musical picture of the celestial and earthly connections to the seasons and to place, music of the tides, stars and human connection.

Reserve a seat by emailing contactrookhow@gmail.com £18 adults. Pay on the door (cash/card). Under 18s free

CUMBRIA WILDLIFE TRUST: RUSLAND LOCAL SUPPORT GROUP EVENTS

Haybridge Guided Bird Walks– 10th June and 1st July A walk with the Hay Bridge Warden, Jim Shaw, to discover the amazing and diverse bird life of the Rusland Valley in this fabulous private reserve. Jim will share his extensive knowledge and how he is working to further improve the environment for all our precious native wildlife. This walk will run from 10.00 until approximately 12.00 and will be a gentle stroll around features of the reserve setting off from the Study Centre. Due to the nature of this event dogs are not allowed. Numbers are limited and booking is essential for these events. To book please email RuslandLSG@cumbriawildlifetrust.org.uk to reserve a place. Donations are very welcome on the day to support vital local conservation work. See the John Strutt Conservation Foundation website for more information about the reserve and how to support their work by becoming a member. <https://www.jsf.org.uk/hay-bridge/>

Moths and Butterflies, 29th June There are still some places left for our 'Moth and Butterfly' event at Oxen Park on 29th June, 8.30-12. Come and see what beautiful and fascinating moths have been caught overnight, followed by a local butterfly walk. To book, go to: <https://www.cumbriawildlifetrust.org.uk/events/2025-06-29-moth-and-butterfly-morning>

Copy date for July edition, 26th June 2025. Please send to: - Liz Cringle - 01229 860274
liggerc@hotmail.com ; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206,
pandftownsend@gmail.com. Carol McNeill – crlmcneill@gmail.com



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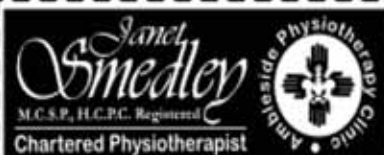
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Life can be tough at times. As a fully qualified BACP registered counsellor / psychotherapist, I can offer you a caring, compassionate and confidential space to explore your worries. Please contact me for a free, no obligation, 20 minute consultation. I offer face to face, 'walk and talk' and online sessions.

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