



JULY 2010

174TH EDITION

This issue is sponsored by the Forestry Commission

SUMMER TREATS

RUSLAND SHOW

A Great Day Out at Whitestock Meadow, Rusland
Saturday 21st August – 12.30 pm start

Classes in the tents include flowers/ vegetables, flower arranging, crafts, cooking, art, photography, children's classes and much more

Track, Fell and Children's Races, Hound Trails, Wrestling, Fancy Dress Competition, Pet Show

Food, Bar, Ice Cream, Bouncy Castle, Face Painting

Schedules/Entry forms for exhibits from Committee Members or, the Secretary, A. Meanwell, The Syke, Rusland, LA12 8JT
Or go to www.rusland.org.uk
Entry forms to be submitted to the Secretary by noon Saturday 14th August.

THE SUMMER GARDEN COMPETITION

There are four categories: -

- 1) Hanging baskets, window boxes and containers.
- 2) Large gardens.
- 3) Small gardens.
- 4) Vegetable gardens.

Entries by 14th July to: - Jean Woodhouse – 015395 58985 or Gordon Wilkinson – 01229 860253
Judging will take place towards the end of July.

A PARTING GIFT

The collection for postman Patrick amounted to £165. Caroline Peet has now presented him with a cheque for this amount and a CD featuring Martin Roscoe. He intends to buy some books of bird illustrations by Thomas Bewick and sends his thanks to all who contributed. He misses the people but not the job! We wish him a very happy retirement.

LAKES ALIVE GOES "INTO THE WOODS"

Friday 30th July 2pm - 7pm

If you go down to the woods today you're sure of a big surprise! Lakes Alive brings this nature trail with a difference to Grizedale Forest. On your walk through the woods you'll encounter strolling performers and wonderful shows and installations that will keep the family entertained throughout the day. Watch out for The Big Bad Wolf, The Trolls Kitchen and The Lost Fairy to name but a few! This is a free event. All ages welcome!

SATTERTHWAITE PLAYGROUND BBQ

SATURDAY 17TH JULY AT 6.00PM.

Come and support this annual village event, featuring an excellent barbecue, raffle and a get-together for friends and family.

Star attractions: pet lambs and Kwik-Cricket – not necessarily together!!

Donations of raffle prizes and offers of help with the barbecue will be most gratefully received by Paul Townsend (860206).

All proceeds from the evening go towards the maintenance and insurance costs of the playground

VOLUNTEER OPPORTUNITIES

If you love Grizedale Forest, care about the natural world and have some time to spare to share your enthusiasm with others, we need you!

There are many different ways in which you could support us. During the summer months, for example, you could help us run activities for all ages in The Yan, which being at the trail head of our most popular trails, receives hundreds of visitors a day. All are interested in finding out more about the forest and environmental issues, and those with families often stop and enjoy creating something to take home! All of these free or low-cost activities aim to be accessible to all visitors.

The Forestry Commission is a not-for-profit organisation that is 70% self-funded and costs each tax payer only 30 pence per year! Help us look after forests for the future by enthusing and educating people, enabling them to make a difference in their daily lives

There are many other indoor and outdoor opportunities for volunteers. Please get in touch with Tania Crockett, People Engagement Manager. 01229 862023. tania.crockett@forestry.gsi.gov.uk

AN ISLES ODYSSEY

Colin Barr has returned unscathed, physically at least, from his tour of the Western Isles of Scotland. How long it will take to readjust mentally is yet to be determined but he did have a "fantastic trip". As intended, he did manage to visit 60 islands in 50 days, by bike, and got to the highest point on 57 of them including two Munros: Sgurr Alasdair on Skye (with many thanks to guide, Dave Higgs) and Ben More on Mull. The sum of all of his summits was about 49,500 feet, nearly all walked from sea level. His total mileage was at least 850 miles on the bike and a further 250 miles on foot. He is under pressure to show a handful of the 3,500 photographs he took - this may happen in the autumn when he promises an answer to the \$64,000 question: "Which is your favourite island?" Colin would like to thank everybody who has helped in any way (especially his long-suffering and hard-working wife, Mandy) and also those who have contributed so generously to his collection for RNLI Lifeboats, which currently stands at about £1,324. If anyone else would like to contribute, please go to www.justgiving.com/shinyblueone which is the preferred way of donating.

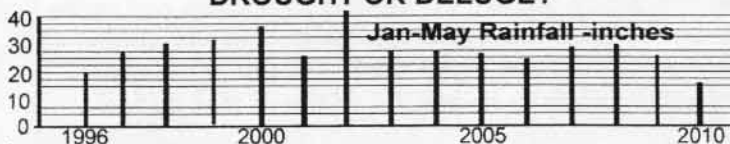
RUSLAND & DISTRICT W.I.

At our June meeting Joan Hobbs gave a fascinating talk about life in Rhodesia when Ian Smith was in charge. The Teddy Bears' Picnic was a great success on a beautiful Spring Bank Holiday Monday and £165 was raised for W.I. funds. Thanks to all who worked so hard. A team of members worked hard on an entry for the Holker Flower Festival, but were disappointed at the lack of helpful criticism by the judges. Top marks to them all though for trying really hard. Reports of our visit to the Lindeth Fell Hotel for afternoon tea and of the Strawberry Social in Rusland Reading Room will appear in the August edition. We are looking forward to a special Garden Meeting at Jane Meadow, Dale Park, by kind invitation of Janet and Chris Benefield, on Tuesday, 20th July at 7.30 p.m.

PILATES

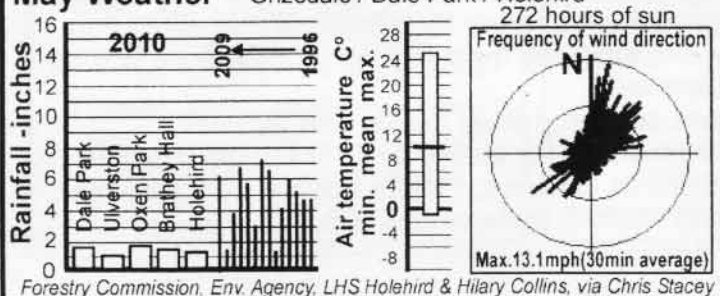
Would anyone interested in joining a new pilates class in the Autumn at Rusland Reading Rooms please contact the Editor on 01229 860274.

DROUGHT OR DELUGE?



Our typical annual rainfall is 73". This would mean 9" per month for the rest of this year! Oh dear.

May Weather



Forestry Commission, Env. Agency, LHS Holehird & Hilary Collins, via Chris Stacey

TAKE A SUMMER WALK

Just in case you didn't get a copy last year, the award winning Rusland Ramble laminated leaflet is still available from the Eagles Head, Hawkshead Newsagent, Henry Roberts Bookshop in Hawkshead and Hilary Collins. Still only £1 it is beautifully illustrated and full of information about this lovely 5 mile walk.

COLTON PARISH COUNCIL NEWS

At the Annual meeting in May, Cllr. Colin Barr was re-elected as Chairman and Cllr. Chris Potts as Vice Chairman. Cllr. Penny Lovegrove of Bouth had resigned and was thanked for all her hard work during her term of office. We now have a vacancy in Central ward, which includes Rusland - so please come forward if you are interested in the future of the Valley. There are some exciting new initiatives in the offing that will support community developments, green energy and traditional skills and employment. Contact the Clerk if you are interested in joining us and having an input.

There is, at last, to be a meeting about Colton's green roads to be held during July, involving our Area Highway Engineer, a representative from the Cumbria Countryside Access Partnership (CCAP), local Councillors and our County Councillor. The meeting, convened by Highways, will address what is to be done about the state of these roads and the behaviour of off-road users. We also hope to find out how the local community is to be represented on the CCAP.

Regrettably there has been little progress on Bouth Speed Limits but as there has now been new national guidance that is more sympathetic to limits in rural villages, and we are awaiting a response from County.

Cllr. Ian Cunliffe is now your contact for the Lengthsman, Chris Slater, who will cut back verges at junctions and deal with blocked drains; just contact Ian on 01229 861440.

The next meeting is to be held on Monday 26 July, Rusland Reading Rooms, 7:30pm.

OXEN PARK CINEMA CLUB

Our next venture, after planning next season's programme, is the summer film-making workshop at Leven Valley School. The idea is to make a film to enter into the Rusland Show Film Making Class.

This year the main title is "If I ruled(your village or somewhere else)" It has to be less than 2 minutes. Your chance to say what changes you would like, or just tongue in cheek, entertainment. Commission your actors now! There is also an option to make a film on any subject, but still two minutes long!

The workshop is for 9 - 13 year olds. It starts on Friday 16th July (10 - 4). Then the weekend is free to do some filming then we resume at Leven Valley School on Monday 19th and Tuesday 20th to finish the films off.

Cameras can be borrowed and film is provided.

Cost - £10 for the 3 days.

More details from Carol McNeill. Tel. 01229 861507

THE MENCAP CARERS' NETWORK is a service for carers who support a family member with a learning disability. We provide advice and information and facilitate carers' meetings. We are trying to reach carers in the community to make them aware of this service. Tel 01768 868854

CHURCH NEWS

Dear Friends,

Apparently there are some people who enjoy filling out forms. This is something that I find rather mysterious. If it were just a question of ticking boxes then it would be ok, if rather dull. But it is never that simple. It seems to me that there are always questions, which for some reason don't quite apply one's particular situation. There are questions that seem to miss the point. I always fall at one of the first hurdles. I can get past writing my name and age and so on, at least usually, but then I am asked for the name of my employer. This is a bit tricky. As I understand it, for tax purposes, I am self-employed, but in other ways I am actually technically employed by God.

But for some reason it would feel a bit cheeky writing God as the name of my employer. And if I did, it would further complicate the next question, which invariable asks for the address of my employer, particularly difficult if it asks for the post-code.

But the question after that is really rather interesting- state the nature of your employer's business. The box is usually quite small, but I think I know what I would put in it. Perhaps in this cynical age we live in it sounds a bit corny, but I make no apologies for it. I would write the word love. That is the nature of God's business.

And because it is the nature of God's business, we learn something about our own nature. We are made for love, to love and be loved. Christians believe that Love became incarnate in Jesus Christ, and the worship of our churches is a loving response to God's infinite love for us.

Have a good summer, John.

The Vicarage, Hawkshead. 015394 36301. jjcedixon@btinternet.com

Sunday				Colton		Rusland		Satterthwaite	
July	4 th	10.30	Morning Worship		6pm	Evensong		9.45	Holy Communion
	11 th	10.30	Benefice Communion, Penny Bridge		11.15	Holy Communion		6pm	Evensong
	18 th	9.30	Communion		6pm	Evensong		9.45	Service for All Ages
	25 th	9.30	Communion		11.15	Holy Communion			No service

Sunday				Hawkshead		Sawrey		
July	4 th	8am	Holy Communion, 1662	9.30	Service for All Ages		11.15	Holy Communion
				6pm	Healing Service, Methodist Chapel			
	11 th	9.30	H.C. with Sunday School	6pm	Evensong		11.15	Matins
	18 th	9.30	Holy Communion	6pm	Evensong		11.15	Holy Communion
	25 th	9.30	Holy Communion	6pm	Evensong		6pm	Evensong

MOTHERS UNION

Eleven members enjoyed a super day out at Conishead Priory followed by almost too many cakes consumed at our tea at Gleaston Mill. The sun nearly shone (well it is Cumbria!) between light showers, which did not spoil the joy of the day. At the Priory we were shown a very interesting DVD of the history and present use of the buildings and we were taken round the lovely surroundings and into the Buddhist Temple. The whole place exudes a sense of peace and tranquility and is open to anyone to enjoy the gardens, Temple and shop.

There are no meetings in July & August so our next gathering will be on Tuesday 14 September, Rusland Reading Rooms, 2:00pm when we will be given a talk by the members of the Cenacolo, an organisation that helps young people recovering from addictions. Cenacolo is the Italian word for Cenacle, the upper room where Jesus and the Disciples celebrated the 'Last Supper'.

CROSS THE BAY WALK

A reminder that the Cross Bay Walk is on Saturday 24 July starting at 5:00pm led by Guide, Cedric Robinson. This event is being organised by Rusland & Satterthwaite Churches for their funds and there is a £10-00 (non-refundable) entry fee per person, which can be recouped by personal sponsorship. Contact Susan King - 01229 861 173.

PARISH CHURCH OF ST. MICHAEL & ALL ANGELS, HAWKSHEAD MUSIC FOR A SUMMER EVENING - 43rd SEASON

July				August			
Tuesday, 6th	Barry Sharkey & Wendy Nicholas - piano duo			Tuesday, 3rd	Michael Broadway - pianola		
Saturday, 10th	The Manchester Chorale			Tuesday, 10th	Lake District Summer Music Concert		
Tuesday, 13th	Adam Smith - tenor Ditliv Rindom - piano			Tuesday, 17th	Steve Wilkie - violin Kathleen Uren - piano		
Tuesday, 20th	Tracey Penwarden - soprano David Edmonds - flute Charles Edmondson - piano			Tuesday, 24th	The Schrober Trio Sylvia Barry - violin John Williams - cello Rosalind Hall - piano		
Tuesday, 27th	Robert Douglas - piano			Tuesday, 31st	K Shoes Male Voice Choir		
All performances begin at 8.00 p.m.				Retiring collection for Christian Aid and other charities			
No charge for admission Free parking courtesy of LDNP				In 2009 £4,000 was donated to charity and towards the maintenance of the Parish Church			

DIARY DATES.

July	Wed	14 th	Last date for entries for Summer Garden Competition
	Fri	16 th	Film- making course for 9-13 yr olds - Leven Valley School - 10am-4pm , continuing on Mon 19 th and Tues 20 th
	Sat.	17 th	Satterthwaite Playground Barbecue - 6pm
	Tues	20 th	Rusland and District WI- Jane Meadow ,High Dale Park - 7.30pm
	Sat	24 th	Cross Bay Walk - 5pm
	Mon	26 th	Colton Parish Council Meeting - Rusland Reading Rooms - 7.30pm
	Fri	30 th	Into the Woods - Grizedale Forest - 2pm-4pm
Aug	Sat	14 th	Last date for entries for Rusland Show
	Sat	21 st	Rusland Valley Horticultural Society Annual Show - Whitestock Meadow - 12.30pm

PERSONAL

THE SAMARITANS

Whatever you're going through, we'll go through it with you. Phone 01229 825656 or 08457 909090

- Sincere condolences to Joan and Elizabeth Pollock on the recent death of their sister.
- Jennifer Stoker would like to thank the very many people who sent good wishes in so many different ways during her incapacity and afterwards. It was so kind of you all and very much appreciated
- Do you need a child sitter or dog walker during the summer holidays? If so contact Lucie Galloway on 01229 860327

Last date for items August Newsletter is 27th July. Send to: Liz Cringle Tel: 01229 860274, email: liggerc@hotmail.com, Colin Barr- Oxen Park Tel: 01229 861408, email: cjb@barrecol.co.uk, Elsie Wilkinson- Crosslands Tel: 01229 860253, Frances Townsend- Pepper House Tel: 01229 860206, frances.townsend@virgin.net, Sylvia Chadwick- Monks Cottage Tel: 015395 31685

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